

# HAYWOOD MEADOWS

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### MEET THE STAFF

Johanna A. Graterol - Property Manager  
James Bonilla - Maintenance

### OFFICE HOURS

Monday - Friday -- 8:00 am - 5:00 pm  
Saturday & Sunday -- Closed

### Refer a Friend

Refer a friend to Haywood Meadows Apartments. If your friend is approved by the office and moves into our community, we will give you a **\$200.00** check!

### Rent Reminder

Rent is due on the 5th day of each month and is considered late on the 6th. All late rent must include a late charge equal to 10% of your monthly rental payment. Thank you for paying your rent on time.

### Dazzling Ball Drop

More than 1 million spectators crowd New York City's Times Square every Dec. 31 to watch the famed New Year's Eve ball drop at midnight. Over the years, the materials used to make the ball have included wood, wrought iron, aluminum and crystal, and the number of lights adorning it has increased from 100 in the early days to more than 30,000 today.



### Memorable Melody: 'Dance of the Sugar Plum Fairy'

The delicate notes of this melody are among the most recognizable pieces of music from Peter Tchaikovsky's celebrated ballet "The Nutcracker," which premiered in 1892. The Russian composer created the tune's magical bell-like tone using a new instrument called the celesta, which looks like an upright piano, but its keys strike metal bars similar to those of a glockenspiel. Still today, the timeless dance piece can be heard in various arrangements throughout the holiday season.

### Remember When: Wooden Sleds

For generations of children, the combination of a winter snowfall and a nearby hill made for a day of sledding fun. One of the most popular means of riding the snowy slopes was aboard a Flexible Flyer. The iconic wooden sled with its eagle logo, red metal runners and hardwood seat slats was famous for a revolutionary feature—a flexible front-end steering bar that allowed the rider to control their course. Created in 1899 by a New Jersey manufacturer, millions of the sleds were sold up until the 1980s.

*"If you carry joy  
in your heart,  
you can heal any moment."*  
NEALE DONALD WALSCH

# FABULOUS CARROT CAKE

## Ingredients:

- 1 1/2 cups butter, softened, divided
- 1 cup packed brown sugar
- 1 cup granulated sugar
- 4 eggs
- 1 can (20 ounces) crushed pineapple, drained
- 4 cups shredded carrots
- 1 cup raisins
- 2 teaspoons vanilla extract
- 3 cups all-purpose flour
- 2 teaspoons baking soda
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- 1/2 teaspoon salt
- 1 package (8 ounces) cream cheese, softened
- 1 1/2 cups powdered sugar
- 1 teaspoon grated lemon peel
- 1 tablespoon lemon juice

## Directions:

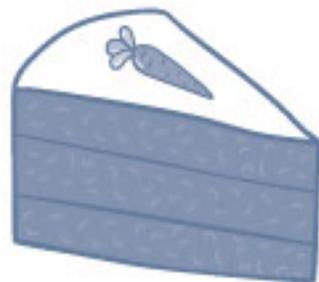
Heat oven to 350° F. Grease and flour two 9-inch round pans. In large bowl, beat 1 cup butter and sugars until light and fluffy. Beat in eggs. Fold in crushed pineapple, carrots, raisins and vanilla.

In medium bowl, stir together flour, baking soda, cinnamon, ginger and salt. Gradually add to pineapple mixture and fold until well-blended. Pour into prepared pans.

Bake 35 to 40 minutes, or until toothpick inserted comes out clean. Cool in pans 15 minutes.

Remove from pans; cool completely on a rack.

Beat cream cheese with remaining 1/2 cup butter until smooth. Beat in powdered sugar, lemon peel and lemon juice until smooth. Frost completely cooled cake.



Find more recipes at  
[www.DoleSunshine.com](http://www.DoleSunshine.com).

# Giant Gingerbread House



They say everything is bigger in Texas, so it's fitting the state holds the record for the world's largest gingerbread house. As part of a 2013 hospital fundraiser in the city of Bryan, volunteers spent a month constructing the 2,520-square-foot sweet structure that was entirely edible and decorated with more than 20,000 pieces of candy.

## Small Snowy Scenes

With a glass-enclosed miniature scene surrounded by falling snow, there may be no sweeter seasonal décor than a snow globe.



Appearing at the 1878 world's fair in Paris, the first snow globes were water-filled paperweights that featured a male figurine holding an umbrella. When the paperweight was turned upside down, a white powder inside fell like snow. At the 1889 world's

fair, again in Paris, a vendor sold snow globes containing a tiny replica of the new Eiffel Tower.

In 1900, Austrian Erwin Perzy received the first patent for a snow globe. Inspired by shoemakers who would place a water-filled globe in front of a candle to enhance the light in their shops, Perzy tried the same thing in an experiment with the newly invented electric lightbulb. Hoping to further reflect the bulb's light, Perzy filled the globe with semolina flakes. As the flakes fell, Perzy noticed the resemblance to snow. He decided to add a miniature church to his globe, and in five years, he started his own hand-crafted snow globe company.

With further design and manufacturing innovations throughout the century, snow globes found great success as souvenirs and collectibles, their popularity boosted after being used in key scenes in the 1940s films "Kitty Foyle" and "Citizen Kane." Today, snow globes feature every subject imaginable.

# Small Animals



Beaver • Chipmunk • Ermine • Ferret  
Frog • Gerbil • Gopher • Hamster  
Mink • Mole • Mouse • Opossum  
Porcupine • Rabbit • Raccoon • Rat  
Skunk • Squirrel • Toad • Weasel

M	E	L	O	M	R	A	B	B	I	T	P
D	F	G	K	N	U	K	S	G	F	O	C
C	E	C	G	G	G	S	T	H	R	C	L
E	R	M	I	N	E	A	S	C	O	V	E
G	R	R	C	C	R	G	U	O	G	B	R
R	E	A	G	H	B	P	K	S	P	E	R
E	T	C	H	D	I	C	N	D	T	O	I
V	G	C	B	N	L	P	I	S	O	N	U
A	C	O	E	S	U	O	M	C	A	B	Q
E	V	O	D	C	S	A	D	U	D	M	S
B	B	N	R	E	H	P	O	G	N	H	G
W	E	A	S	E	L	S	G	T	H	K	H

# The Coldest Place on Earth

Antarctica, home of the South Pole, is the coldest, windiest and driest continent on Earth. It's summer there now, and the highest temperature ever recorded in Antarctica was 58 degrees Fahrenheit; the coldest was 129 below zero.

- Antarctica was first spotted by a Russian expedition in 1820. About 20 years later, explorers confirmed it was a continent and not just a group of islands.
- Norwegian Roald Amundsen was the first person to reach the South Pole, arriving on Dec. 14, 1911.
- Antarctica has no government. It is run under the terms of the Antarctic Treaty, which declares that the continent be used only for peaceful scientific research. Dozens of nations have signed the treaty since it was first written in 1959.
- There are 1,000 to 4,000 researchers in the polar region at any one time.
- The conditions in the Dry Valleys area are so close to those on Mars that NASA has tested equipment there.
- Antarctica is about one and a half times the size of the United States.
- Beneath Antarctica are about 300 lakes. The warmth of the Earth's core keeps them from freezing.
- About half a dozen penguin species make the continent their home.



# Sensational Cinnamon

Cinnamon's sweet scent, comforting taste and versatility make it one of the world's most popular spices. But did you know that in addition to being delicious, cinnamon has many health benefits?



**Nutrient-rich.** Cinnamon is high in manganese, fiber and calcium, plus it has loads of antioxidants, which fight disease and rid the body of toxins.

**Brain boost.** One study found that participants scored higher on cognitive tests when they chewed cinnamon-flavored gum, and research shows that just smelling the spice increases brain activity.

**Sugar substitute.** The natural sweetness of cinnamon makes it a perfect choice for those wanting to cut their sugar intake. Use it as a topping for oatmeal or yogurt; mixed in with coffee or tea; or as a flavorful addition to toast or popcorn.

# Holiday High Jinks

- Q:** What is the best present in the world?  
**A:** A broken drum—you can't beat it!
- Q:** What song do they sing at a snowman's birthday party?  
**A:** "Freeze a Jolly Good Fellow"





# December



1	2	3				
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25 Christmas	26	27	28	29	30	31

5 RENT DUE

6 RENT LATE

REFER A FRIEND TO HAYWOOD MEADOWS



## The Year Was: 1980

- Lake Placid, N.Y., hosts the Winter Olympics. In a dramatic upset dubbed the “Miracle on Ice,” the underdog U.S. team defeated the Soviet Union in the hockey semifinals, then went on to win the gold medal.
- A series of earthquakes trigger the eruption of Mount St. Helens, a volcano in Washington state.
- The U.S. census records 226.5 million residents.
- A record number of TV viewers tune in to “Dallas” to find out who shot J.R. Ewing, the main character of the popular prime-time soap opera.

## Sagittarius: Nov. 22–Dec. 21

An eternal optimist could be the best way to describe those born under the sign of Sagittarius, Nov. 22 to Dec. 21. Cheerful and friendly, Sagittarians are naturals at socializing, and these curious and energetic folks love to travel.

Although possessing a great sense of humor, the Sagittarius can also be impatient, and they are known to say whatever is on their mind, no matter how tactless or undiplomatic it might be.

Sagittarians are rarely possessive or temperamental, but this means they can seem unemotional. However, their generous nature means Sagittarians are always willing to lend a helping hand, and they make great friends.